

<b>WEEK ONE</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Mains</b>	SPAGHETTI BOLOGNAISE	CHICKEN CURRY OR SWEET & SOUR CHICKEN	MEATBALLS IN TOMATO SAUCE	CHILLI CON CARNE OR MACARONI CHEESE	CHEESE PIZZA OR HOT DOG
<b>Carbohydrate</b>		BOILED RICE	PASTA	GARLIC BREAD	CHIPS
<b>Vegetables</b>	MIXED VEGETABLES	BABY CARROTS	SWEETCORN	GARDEN PES	BAKED BEANS
<b>Jacket Potato</b>	TUNA MAYO OR GRATED CHEESE	GRATED CHEESE OR BAKED BEANS	TUNA MAYO OR GRATED CHEESE	GRATED CHEESE OR BAKED BEANS	COLESLAW
<b>Assorted sandwiches available daily</b>					
<b>Sweet Choice 1</b>	ICED SPONGE	SHORTBREAD	MOUSSE OR CHEESE & BISCUITS	FRUIT JELLY & CREAM OR ICE CREAM	PANCAKE & FRUIT
<b>Sweet Choice 2</b>	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT
<b>Vegetarian</b>	VEGETABLE PASTA	VEGETABLE CURRY	FALAFALS IN TOMATO SAUCE	MACARONI CHEESE	PIZZA

**Served Daily: Salad bar, Wholemeal bread & Fresh drinking water**

Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredients.

**Please note our menus may contain allergens.**

<b>WEEK TWO</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Mains</b>	LASAGNE	PORK SAUSAGES	BBQ CHICKEN	PASTA BOLOGNAISE	BATTERED FISH
<b>Carbohydrate</b>	GARLIC BREAD	SAUTE POTATOES	BOILED RICE	PASTA	CHIPS
<b>Vegetables</b>	GARDEN PEAS	BAKED BEANS	PEAS & SWEETCORN	MIXED VEGETABLES	MUSHY PEAS
<b>Jacket Potato</b>	TUNA MAYO OR GRATED CHEESE	GRATED CHEESE OR BAKED BEANS	TUNA MAYO OR GRATED CHEESE	BAKED BEANS OR GRATED CHEESE	COLESLAW
<b>Assorted sandwiches available.</b>					
<b>Sweet Choice 1</b>	CARROT CAKE OR JELLY	FRUIT FLAN	ICED SPONGE	BUTTERSCOTCH MOUSSE OR FROZEN YOGHURT	STRAWBERRY SHORTCAKE
<b>Sweet Choice 2</b>	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT
<b>Vegetarian</b>	VEGETABLE LASAGNE	VEGETARIAN SAUSAGE	VEGGIE BURGER	VEGETABLE PASTA	FISH

**Served Daily: Salad bar, Wholemeal bread & Fresh drinking water**

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<b>WEEK THREE</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Mains</b>	RAVIOLI OR TUNA PASTA	CHEESE FLAN OR MEATBALLS	ROAST CHICKEN & STUFFING	COTTAGE PIE	BATTERED FISH
<b>Carbohydrate</b>	GARLIC BREAD	DICED POTATOES	ROAST POTATOES		CHIPS
<b>Vegetables</b>	GARDEN PEAS	BAKED BEANS	MIXED VEGETABLES	BABY CARROTS	GARDEN PEAS
<b>Jacket Potato</b>	TUNA MAYO OR GRATED CHEESE	GRATED CHEESE OR BEANS	TUNA MAYO OR GRATED CHEESE	GRATED CHEESE OR BAKED BEANS	COLESLAW
<b>Assorted sandwiches available daily</b>					
<b>Sweet Choice 1</b>	CHOCOLATE BROWNIE	ARCTIC ROLL OR BLUEBERRY MUFFIN	CHEESE & BISCUITS OR JAM & CREAM SCONE	FROZEN YOGHURT OR PEACHES & CREAM	FLAPJACK
<b>Sweet Choice 2</b>	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT
<b>Vegetarian</b>	VEGETABLE RAVIOLI	CHEESE FLAN	QUORN SAUSAGES	TOMATO & VEGETABLE PASTA	FISH

Served Daily: Wholemeal bread & Fresh drinking water

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