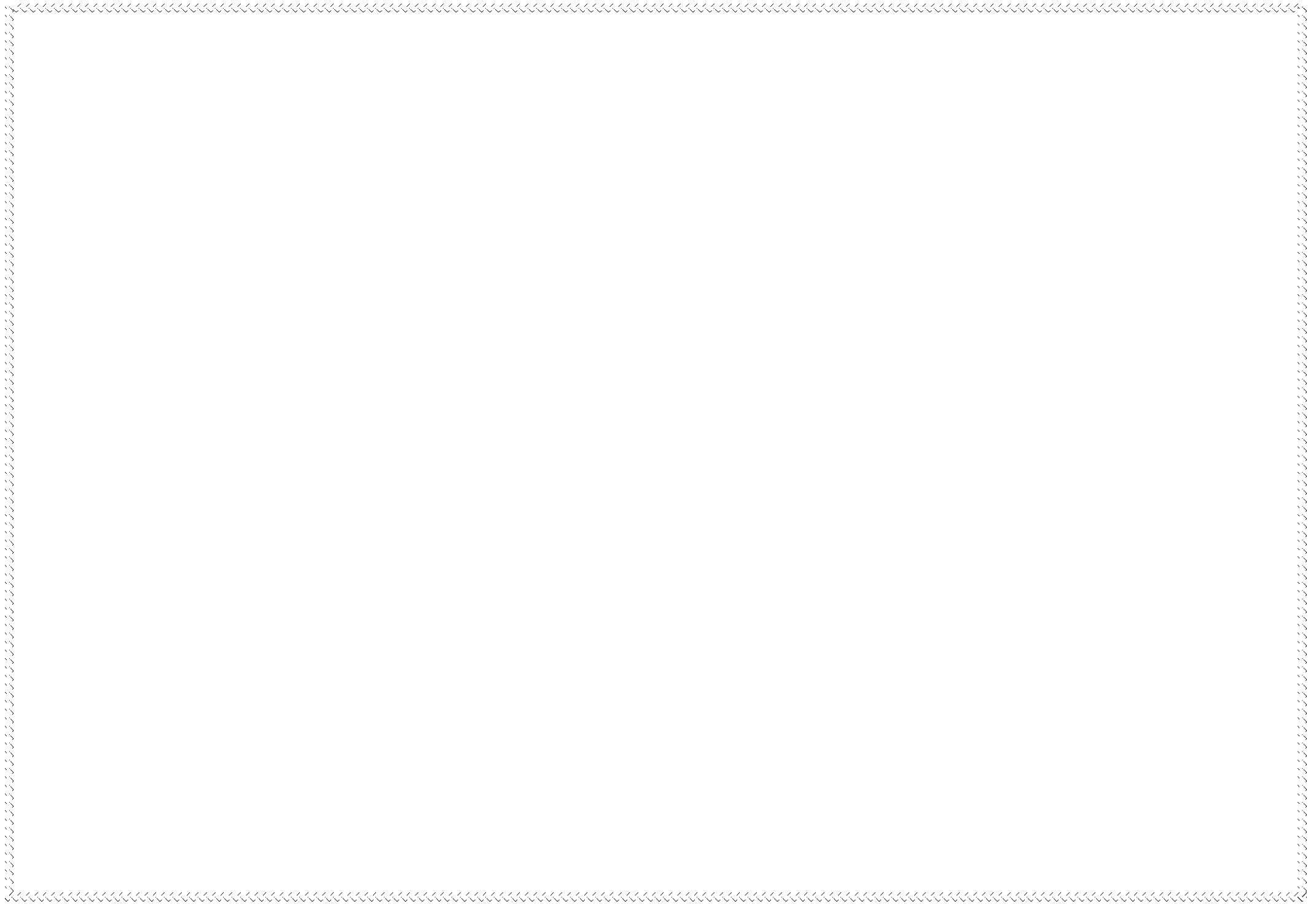


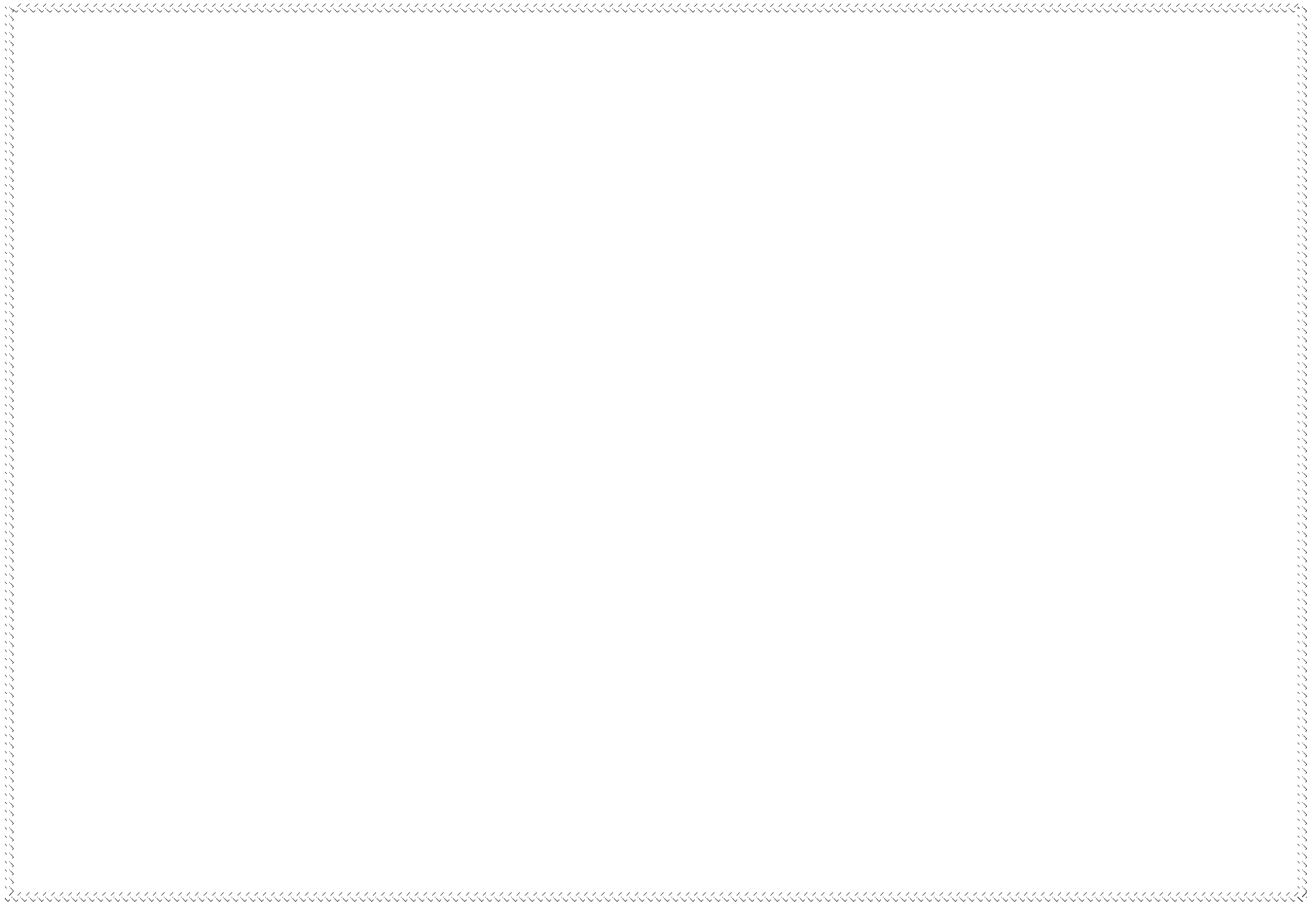
WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or Fish Option	SAUSAGE IN GRAVY	PASTA BOLOGNAISE	BEEF CASSEROLE & YORKSHIRE PUDDING	MEATBALLS IN GRAVY	BATTERED FISH OR PIZZA
Jacket Potato	TUNA	BEANS	CHEESE	COLESLAW	COTTAGE CHEESE
Vegetarian / Halal Option	VEGETARIAN SAUSAGE	VEGETABLE PASTA	VEGETABLE CASSEROLE	FALAFAL	PIZZA
Carbohydrate	MASHED POTATOES	GARLIC BREAD		DICED POTATOES	CHIPS
Vegetables	CARROTS OR GREEN BEANS	PEAS	BROCCOLI CABBAGE	MIXED VEGETABLES	BAKED BEANS
Selection of Sandwiches available Wholemeal bread and Salad will be available at lunch times.					
Sweet Choice 1	RICE PUDDING	CHOCOLATE SPONGE & CUSTARD	MOUSSE OR CHEESE & BISCUITS	CORNFLAKE BUN	PANCAKES & FRUIT
Sweet Choice 2	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
Sweet Choice 3	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT

School Menu

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or Fish Option	PASTA BOLOGNAISE	CHEESE & TOMATO PIZZA	MEAT & POTATO PIE	BBQ CHICKEN	BATTERED FISH
Jacket Potato	TUNA	COTTAGE CHEESE	BEANS	COLESLAW	CHEESE
Vegetarian/Halal Option	VEGETABLE & TOMATO PASTA	PIZZA	VEGGIE BURGER	HALAL CHICKEN	BATTERED FISH
Carbohydrate	CRUSTY BREAD	POTATO WEDGES		RICE	CHIPS
Vegetables	MIXED VEGETABLES	BAKED BEANS	MUSHY PEAS CARROTS	SWEETCORN	PEAS
Selection of Sandwiches available Wholemeal bread and Salad will be available at lunch times.					
Sweet Choice 1	ICED CHOCOLATE SPONGE	SULTANA SPONGE & CUSTARD	CHEESECAKE OR ICE CREAM	FLAPJACK & CUSTARD	CHOCOLATE KRISPIES OR MOUSSE
Sweet Choice 2	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
Sweet Choice 3	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat or Fish Option	SAUSAGE CASSEROLE	CHICKEN CURRY OR MEATBALLS IN TOMATO SAUCE	ROAST CHICKEN & STUFFING	CHILLI WRAPS OR TUNA PASTA BAKE	BATTERED FISH OR HOTDOGS
Jacket Potato	CHEESE	TUNA	BEANS	COLESLAW	COTTAGE CHEESE
Vegetarian/Halal Option	VEGGIE SAUSAGE BAKE	HALAL CHICKEN CURRY	CHEESEY BEAN DIPPERS	VEGETABLE RAVIOLI	FISH FINGERS
Carbohydrate	SAUTE POTATOES	SAVOURY RICE	MASHED POTATOES	CRUSTY BREAD	CHIPS
Vegetables	PEAS	PEAS & SWEETCORN	BROCCOLI CARROTS	MIXED VEGETABLES	BAKED BEANS
SELECTION OF SANDWICHES					
WHOLEMEAL BREAD AND SALAD WILL BE AVAILABLE AT LUNCH TIMES.					
Sweet Choice 1	APPLE & BLACKBERRY CRUMBLE & CUSTARD	SHORTBREAD	CHEESE & BISCUITS OR JELLY	COOKIE OR ICE CREAM	FRUIT MUFFIN
Sweet Choice 2	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
Sweet Choice 3	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT



WEEK FOUR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Meat or Fish Option</i>	SPAGHETTI BOLOGNAISE	CHINESE CHICKEN OR MACARONI CHEESE	BEEF HOTPOT	BEEF LASAGNE OR RAVIOLI	FISH FINGERS OR FISHCAKE
Jacket Potato	TUNA	CHEESE	COLESLAW	BEANS	COTTAGE CHEESE
Vegetarian/Halal Option	VEGETABLE BOLOGNAISE	CHINESE CHICKEN (HALAL)		VEGETABLE RAVIOLI	FISHCAKE
Carbohydrate	CRUSTY BREAD	RICE		GARLIC BREAD	CHIPS
Vegetables	BABY CARROTS	PEAS & SWEETCORN	CABBAGE BROCCOLI	PEAS	MUSHY PEAS
Selection of Sandwiches Wholemeal bread and Salad will be available at lunch times.					
Sweet Choice 1	FUDGE BROWNIE	JAM & COCONUT SPONGE	JELLY OR MOUSSE	CHOCOLATE SPONGE & CUSTARD	CARROT CAKE
Sweet Choice 2	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
Sweet Choice 3	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT	SELECTION OF FRESH FRUIT

Woodthorpe Primary

School Menu