



RSHE - Y5



05.01.2022 - 11.02.2022

Unit title

Description of Unit

Key Vocabulary

Fr2) Can we be different and all be friends?

Understand that we don't have to be the same as everyone else to have friends. Appreciate that we should respect other people, irrespective of their unique characteristics. Understand that friendships change over time, and our friends often have different opinions, feelings and motivations to ours.

Jealousy
Betrayal
Different
Excluding
Including

Fr3) Should friends tell us what to do?
120 minutes

Understand that friendship is not just about doing what someone says and that boundaries are healthy and an essential part of any relationship. Appreciate that friends should make us feel good and safe. Identify behaviour that is controlling or manipulative. Identify issues around consent and coercion.

Friendship Controlling
Boundaries Consent
Manipulation tactics Dares
Relationship Peer-pressure

P1) Is there such a thing as the perfect body?
120 minutes

Analyse representation of beauty in the media. Understand that the images we see in the media affect the way we see and judge ourselves and others. Appreciate that many of the photos we see are the result of hours of hard work (exercise, dieting, make-up, clothing, hair dressing, photography, editing) and luck (genetics, wealth, fame).

Body image
Self-esteem
Unrealistic
Expectations
Insecurity