



RSHE - Y5



21.02.2022 - 01.04.2022

Unit title	Description of Unit	Key Vocabulary
Os3) Meeting strangers online [P4]	Understand that there are dangers online for younger people. Recognise some of the signs of online danger.	Strangers Social media Passwords Manipulation Catfish Deception Vulnerable
Os4) Personal information, terms and conditions [C2]	Understand that our personal information can be used to make money and target us with advertising.	Personal Information Terms and conditions Social media Advertisements
M2) Should we be happy all the time?	Explore how big events such as loss, separation, divorce and bereavement can affect our mental and emotional health. Explore ways of coping with big and small life events.	Loss Separation Divorce Bereavement Managing impulsivity Restraint Self-control
M3) Why do we argue?	Understand why it is better to demonstrate self-control and restraint in emotional situations, staying calm and making good choices, even when others are not. Practice strategies for resolving conflict with peers.	Listen Respond Impulsivity Conflict Resolve Resolution Triggers Restraint Self-control