



RSHE - Y6



06.06.2022 - 22.07.2022

Unit title

Description of Unit

Key Vocabulary

G1) How will my body change as I get older?

Understand the physical changes that people go through during puberty, particularly ages 9 - 11.

Puberty	Vulva
Testicles	Clitoris
Penis	Discharge
Adam's apple	Menstruation
Erection	Period
Ejaculation	Wet dream
Vagina	

G2) How will my feelings change as I get older?

Understand the emotional and mental changes that people go through when they reach puberty.

Hormones	Insecurity
Moods	Self-conscious
Anxiety	Risk

G3) How do I stay clean as I get older?

Changes and importance during puberty. Hygiene (personal hygiene).

Hygiene	Bacteria
Sweat glands	Essential
Smegma	Luxury
Genitals	Poverty

Sx2) How are babies made?
(Not statutory - taught at the discretion of the leadership of each school)
120 minutes

To know the internal sex organs and how they are used to create a baby. To know the basic facts about what happens during sex. To know that the law states that people should not have sex unless they are over 16 and consent is given by those involved.

Penis	Vagina
Pubic hair	Labia
Foreskin	Cervix
Scrotum	Uterus
Testicles	Ovary
Erection	Fallopian tube
Ejaculate	Ovum
Sperm	Reproduction
Urethra	Pregnancy
Clitoris	Discharge
Anus	Fertilisation