



PSHE

During key stages 1 and 2, PSHE education offers both explicit and implicit learning opportunities and experiences which reflect pupils' increasing independence and physical and social awareness, as they move through the primary phase. It builds on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. PSHE education helps pupils to manage the physical and emotional changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.

At Woodthorpe Primary School, we use the PSHE Association Programme of Study which is based on three core themes:

Core theme 1. Health and Wellbeing

Core theme 2. Relationships

Core theme 3. Living in the Wider World

Further information into the above themes and learning opportunities which may come from them can be found online - PSHE Association

<https://www.pshe-association.org.uk/>

You may also ask a member of the reception team for copy of the PSHE Syllabus.