



Woodthorpe Community

Primary School

PE Policy

September 2013



Living the Olympic
and Paralympic Values



Woodthorpe Community Primary School
Physical Education Policy

Woodthorpe Vision Statement

Sport forms an integral part of a pupil's life at Woodthorpe Community Primary School. The school's aim is to encourage healthy living, inclusion and ensure progression and enjoyment in all areas of Physical Education. Crucially, we believe that every child should be given the opportunity to develop their potential to the very best of their abilities in competitive and non-competitive sports. For this reason we provide pupils with the opportunity to gain fulfilment and a love of sport which will stay with them for life.

Alongside the two PE lessons which pupils participate in each week, they are also encouraged to commit to at least one team sport in the after-school activities programme, (we work hard to provide pathways to local sports clubs, as well as community clubs), although pupils are encouraged to pursue other talents and interests as well. We provide access to School Games, as well as Forge School Sport Partnership competitions, for all year groups. Through competition and challenge we want pupils to be able to celebrate the occasions when they are successful, whilst realising that sportsmanship and fair play have a key role to play in the sporting world and their adult life.

We in our Trust Primary Schools believe in the value of P.E. and Sport. We have committed to buying the 'Elite' package of Forge School Sport Partnership with our 'P.E. and School Sport Grant [Sport Premium]'. For more information about Forge SSP and the competitions we participate in, please refer to the Forge SSP website - www.forge-ssp.co.uk

Introduction

Physical Education is a foundation subject in the National Curriculum and is compulsory for all children aged 5-16. At Woodthorpe School we aim to give all children a high quality P.E. provision, that will give them the opportunity to succeed in and enjoy physical activity.

We aim to:

- To promote growth, development and the importance of health and physical fitness in all children. This is closely aligned with the school's Healthy Schools policy.
- To help children improve physical skills in all areas of physical education.
- To help children to develop a greater awareness and understanding of their bodies in order to appreciate their own potential and limitations.
- To help children develop and improve control, co-ordination and balance in movement.
- To help children develop and improve spacial awareness.
- To encourage children's imagination and creativity within movement.
- To help children develop a sense of 'Fair Play' in competitive situations.

- To help children appreciate the needs and limitations of others and the importance of team-work, both in competitive and co-operative situations.

TO HELP CHILDREN TO DEVELOP AN ENJOYMENT OF PHYSICAL ACTIVITIES FOR PRESENT AND THE FUTURE!

The Importance of Physical Education

“Physical Education develops pupils’ physical competence and confidence, and their ability to use these to perform in a range of activities. It promotes physical skilfulness, physical development and knowledge of the body in action. Physical Education provides pupils with an opportunity to be creative, competitive and to face up to different challenges as individuals and in groups and in teams.

It promotes positive attitudes towards active and healthy lifestyles. Pupils learn how to think in different ways to suit a wide variety of creative and challenging activities. They learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Through this process pupils discover their aptitudes, abilities and preferences, and make choices about how to get involved in lifelong physical activity.” (National Curriculum Guidelines 1999)

Lesson Structure and Layout

We at Woodthorpe School aim to provide children with the opportunity to experience success through learning opportunities in Physical Education.

Learning Objectives and Successful steps will be taken from Chris Quigley (Planning a skills based curriculum, 2008) and teachers will use the **Val Saban** scheme and **TOPS** cards to support planning. Foundation Stage children will follow activities set out by the ELG (early learning goals) document.

In order to achieve success, we aim to have a consistent approach in delivering physical education referring to ‘A lesson at Woodthorpe’.

Alongside ‘A lesson at Woodthorpe’ a good PE lesson at Woodthorpe should include:

- Sharing the learning objective with the children.
- Sharing the successful steps with the children.
- Warm up
- Teaching of skills
- A game, relating to the skills learnt in the lesson
- Cool down
- Plenary, bringing learning together and relating to L.O and S.S

Teachers should be referring to the L.O and S.S throughout the PE lesson; this should then be discussed in the plenary giving children a chance to reflect.

Time Allocation

We aim to provide two hours of physical education per week for each child (which is in line with the Public Service Agreement target delivered by PESSYP). Of which, one hour is indoor PE and one hour is outdoor PE. In addition, to this our children receive an extra hour of timetabled exercise thanks to Activate, which runs throughout KS1 and 2 as well as in FS2. Curriculum PE cannot be taught outside the school day; however we aim to provide all children the opportunity to take part in OSHL (Out of School Hours Learning) in terms of PE. Additionally, the school enters many inter-school competitions through the Sheffield School Sports Association, Forge School Sports Partnership and the Manor Football league. We will also endeavour to provide opportunities for intra-school competition other than sports day such as, year group competitions at the end of each term.

Health and Safety

During each Physical Education lesson, teachers will in all cases follow the guidelines set out by Sheffield Advisory and Inspection service (see curriculum file). Subject leader should be informed if equipment is unsafe.

No jewellery, including watches, should be worn during P.E. Earrings should be removed, not covered with plasters.

Alongside no jewellery it is important that children are wearing appropriate clothing for physical activity. Each child has been provided with a Woodthorpe Sport t-shirt, this is to be worn with black or dark shorts. For outdoor PE children should be wearing trainers (no pumps). For indoor PE children should walk to the sports hall in footwear then shoes and socks are to be removed and put aside, out of the way. If a child needs another Woodthorpe Sport t-shirt they can be purchased from the office.

Teachers are expected to model this by wearing appropriate clothing and taking off excessive jewellery.

For competitions and coaching outside of school appropriate risk assessments are undertaken and handed into the head teacher prior to the visit taking place.

Non- Participation

Physical Education is seen as a very valuable experience for all children and each child is expected to participate in each lesson.

Non-participation will only be tolerated if the child brings a note from parents/guardians explaining why their child can not take part. In which case, the child must have an active role in the learning e.g. referring to the successful steps as a coach, taking part in group discussions and/or managing resources.

If a child does not come with the correct clothing (set out in the health and safety guidelines) for physical activity, they must borrow school kit (teachers should have spare clothing in classrooms).

If a child repeatedly forgets their kit (without a note), then the class teacher will send a note to parents/guardians that will explain the importance of Physical Education in school (see curriculum file).

Assessment

Teacher assessments will be made at the end of each unit linked to the learning objectives taken from Chris Quigley. From these assessments class and some individual targets will be set, which will be shared with the children orally. This will be done using a variety of techniques which take place throughout the year such as observations made by the teacher and/or pupils, photographic evidence, targets met- e.g. distances in swimming.

Teachers should also use peer and self assessments in PE lessons to maximize learning opportunities. Children can use 2 stars and a wish when giving feedback to peers, enhancing engagement and achievement.

Staff Development

The subject leader, working alongside the head teacher, has a responsibility for the progression and coordination of teaching the physical education curriculum. They have responsibility for the day to day maintenance of equipment and the purchase of new and replacement stock.

The subject leader will encourage and support colleagues planning physical education activities, to ensure continuity throughout the year groups and the whole school.

Staff will be encouraged to attend relevant courses and to work alongside PE specialists in order to develop their own confidence and experience.

Equipment

Indoor PE equipment is located in a cupboard at the back of the sports hall; all teaching staff will have access to the cupboard with their classroom door key. Outdoor PE equipment is located in the cupboard on the KS2 yard; the key is stored in the resource room at the end of KS2 corridor. Teachers are to put the key back as soon as they have finished so that other members of staff have no problem in collecting equipment for a lesson.

Teachers are to prepare equipment on the morning of their lesson and not during the lesson.

Equipment will be checked for safety, according to Sheffield Guidelines. It is the responsibility of all who use the equipment to take it away for the next class to use.

Differentiation

Physical Education in the school complies with the 3 basic principles for inclusion in that it will:

- Set suitable learning challenges
- Respond to pupils' diverse learning needs
- Strive to overcome potential barriers to learning and assessment for individuals and groups of pupils

The action necessary to respond to an individual's requirements for curriculum access will be met through greater differentiation of tasks and materials, consistent with school based intervention as set out in the SEN Code of Practice. Any classroom support provided must extend into physical education lessons as appropriate. Teachers and Adults Other Than Teachers (AOTTs) working with the children will be made aware of any pupils who have any special educational needs or medical conditions. The SENCO will liaise with all staff to ensure all pupils needs are met in relation to teaching and learning in PE.

Equal Opportunities

Woodthorpe Community Primary School operates an equal opportunities ethos. This means that no child will be discriminated against on the grounds of race, gender or ability. All children, whatever their circumstances or abilities, should have the opportunity to participate in Physical Education at Woodthorpe.

However, at Woodthorpe we are aware of safety issues regarding mixed-gender teams at upper Key Stage 2 and all cases will conform to any guidelines given on this issue.

Out of School Hours Learning (OSHL)

Woodthorpe is proud of the OSHL involving sport that their children have the opportunity to take part in. It is therefore the policy of the school that where possible, these activities should continue. Currently, the following activities are available after-school and it is hoped that others will develop as staff expertise and times develop.

<u>Activity</u>	<u>Time/Date</u>	<u>Available to...</u>
Football	Dinner time	KS1 and KS2
Football	After school/ Friday	Y5/Y6
Badminton	After school/Friday	KS1 – KS2
Gymnastics	After school/ Friday (Autumn/Spring)	Y3-Y6
Cricket	After school/ (Summer)	Y3/Y4
Karate	After school/Monday	KS1 and KS2
Indoor Athletics	After school/ (Autumn)	Y5/Y6
Outdoor Athletics	After school/ (Summer)	Y5/Y6
Volleyball	After school/ (Summer)	Y3/Y4
Multi skills	Dinner time	KS1 and KS2

We endeavour to address the 3 overall aims of **PESSYP**

- raise standards
- improve health
- achieve sporting success

We will do this by sending staff on courses (paid for by out SSP), in house training, OHSL and assessment.